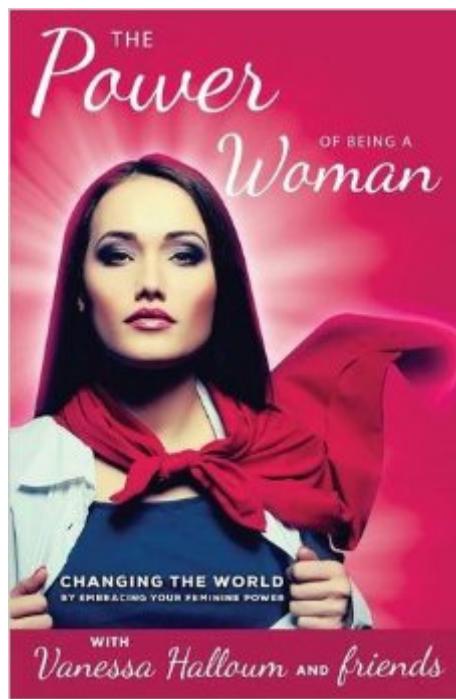


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# The Power Of Being A Woman



## **Synopsis**

How do you define power as a woman? What do you feel is holding you back from its full expression in your life? What is stopping you from shining your light? As a normal part of life we experience barriers and obstacles we must overcome. They may be physical, mental, emotional or spiritual. Using these hurdles as stepping stones to our success is often challenging and as a result we often get stuck, lose faith in ourselves, and decide to give up. In the Power of Being a Woman you will meet several women who redefine success and power in our world today. They will teach you how to define and create inner and outer power that is unique to your self-expression. The Power of Being A Woman is a heartfelt sharing and discussion by each empowered woman about how we as women can step into ourselves FULLY and to share our much-needed gifts with the world.

## **Book Information**

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Best Sellers Rank: #2,134,095 in Books (See Top 100 in Books) #63 inÂ  Books > Business & Money > Business Culture > Health & Stress #168 inÂ  Books > Self-Help > Inner Child

## **Customer Reviews**

This book is a joyful testament to the sign of our times and reflects the spiritual renaissance of this Homo-Luminous age, in which we rise to balance through restoring the feminine to wholeness. It is an inspiring source and resource to all, but especially to women who are ready to reclaim and reintegrate the beauty and wisdom of their inherently feminine nature.

Where does power come from and what can you do to continually cultivate it? Why do so many women struggle with issues around identity and personal power? What can they do to reclaim and strengthen it so that it serves the highest good for themselves and everyone they encounter? This book unpacks those issues and much more through the use of inspiring personal stories told from the heart from women who had to come to terms with those types of questions and discover the

truth for themselves. It is an engaging, inspiring and empowering read. A must have for women. When men and women stand in their true power, they empower each other - there is no competition. So for men who want to gain insight and heal or strengthen relationships with the women they love, this book provides a beautiful pathway.

This book is an incredible resource for women everywhere who want to step more fully into their power. There are stories, tips, tools and exercises that showcase easy solutions for females to rock their femininity. I feel like this book would be an excellent teaching tool for women's studies classes around the country and for teens who are interested in healthy mindsets. Our whole world needs to revere the feminine qualities such as compassion, collaboration, connection, and nurturing because then we can stop the violence we see in the media and embrace a world that works for everyone. I hope every woman buys a copy of this book for herself and one as a gift as well. It's certainly worth the small investment.

I love this book! Vanessa has put together a true powerhouse of reading. I have read many compilations, but this one is dedicated solely to women and empowerment. The stories shared are inspirational and uplifting and had me thinking... "WOW, YOU TOO?" It's a great read and I love the powerful cover too! We are all wonder women!-Heather Paris; Author of Live Inspired Now

I'm touched by the message and the mission of this book. Each chapter tells the story of a courageous woman who is leading transformational change in the world. When you buy a copy, not only will you be inspired by their journeys, you'll be supporting a great cause since all the profits of the sale of the book are being donated to a non-profit that is helping end violence and poverty in Africa. Shawne Duperon, 6-Time EMMY Winner and Project: Forgive Founder

What a great compilation of inspiring stories by women on how to turn obstacles or challenges into opportunities and inspire them to go for their dreams. Love the cause too, since 100% of the profit of the sales of the book will be going to a non-profit which helps women in African countries have a voice.

This book will speak to **EVERY WOMAN!** As a contributing author to this book, I can say that it truly speaks to **ALL** women in our search for self-discovery and the understanding of power in our lives, both internally and externally. Each woman's story is a petal on the flower of woman, so that as you

finish this book, any woman will see herself, her story mirrored to her, with the inspiration she needs to find her own innate power, beauty and authentic self. For men who read this book, you will gain deeper insight into the true essence of women, sans the mainstream adoptions of male power that most women feel required to navigate. This book is a call to all women to really honor how WE do things, and to live YOUR truth. That's the Power of Being A Woman.

By this book, Vanessa created the greatest Book of the 21st Century giving Voice to empowered women who have achieved greatness in their individual endeavour. The timing of this book is perfect as the world is experiencing great trauma. This is a Book of Light and Inspiration for the human race as the contributors speak from the Heart. This Power Book is the best gift to family, friends and colleagues. Giving someone the Power book amounts to comforting, empowering and encouraging the person to draw on their Inner strength

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